

With our community, it is better to be safe than sorry in terms of crisis response. Unfortunately as an individual, there is only so much you can do in a situation before it would be safer for you to call a better equipped response team. A person in crisis may not even understand that they are a threat to themselves, or others. There is also the chance that confrontation only aggravates the person more. Keeping a cool demeanor, and being matter-of-fact with statements can help ease any confusion or fear with someone in crisis. Make sure YOU are okay to confront and handle these emotions as well.

For Mental Health Response:

Minneapolis has two response teams for behavioral response. The BCR (behavioral crisis response) team of Minneapolis is free, and provides crisis intervention, counseling, and referrals to other services in the county. To contact them, you do have to call 911, but immediately ask for behavioral crisis response- not the police.

The other is COPE: **COPE 612-596-1223 (mobile service, and on phone)** provides emergency intervention services 24-hours a day, 7 days per week, when an adult or child is experiencing an emotional crisis that threatens their personal safety. To access a COPE team, call 612-596-1223. COPE professionals will talk with the person in crisis to try to handle the immediate crisis by phone, or provide a clinical assessment in person. COPE can arrange for inpatient psychiatric services if necessary or admission to a crisis shelter (during which they also provide case management for a few days). For COPE, clients do not need to reside in Hennepin County but need to be in Hennepin County at the time of the crisis in order to access the services

Hennepin County Acute Psychiatric Services: Call 612-873-3161 or visit the Hennepin County Medical Center (HCMC) emergency department.

For Housing:

Minneapolis has quite a few services that can be referred to those in need of shelter.

Hennepin Shelter Hotline: Call **612-204-8200** to find temporary space and complete intake.

Adult Shelter Connect: Visit in person at St. Olaf Church (215 S. 8th St., Minneapolis) or check the Simpson office lobby for assessments and community cards.

Day One Services (Domestic Violence): Call **866-223-1111** or text **612-399-9995** for 24/7 confidential safety connections.

Youth Services Network: Visit the YSN platform if you are 24 or younger and need a safe place tonight.

Agate Housing Services:

- **For the Shelter Program:** Agate provides 24-7, long-stay shelter at two facilities in Minneapolis. The shelter guests have a safe place to sleep. Call **612-248-2350**
- **For Temporary Housing:** Year round emergency shelter services. **612-204-8200**

People Serving People: 99 hotel-style emergency shelter housing units for children and families experiencing homelessness include a bathroom, beds, basic furniture, and a door families can lock behind them to feel safe. **612-332-4500**

Salvation Army Overnight Shelter: The program is free and available on a first-come, first-served basis. A free hot meal is served at 6 p.m. and warm showers are available. Open 24/7

For Domestic Violence/ Abuse

360 Communities: Advocates are available 24/7 to offer emotional support, safety planning, crisis counseling, referrals to community resources, access to support groups, information on financial assistance for crime victims, assistance with protective orders, medical advocacy during forensic exams, general resource navigation, and more. Call **651-437-1291**

Pillsbury United Communities for DVA: The Immigrant Women's Advocacy Project (IWAP) works with women who are facing issues of domestic violence or sexual assault. Services are provided at the Brian Coyle Center, the Domestic Abuse Service Center in the Hennepin County Government Center, or wherever the client feels most comfortable in the community, free of charge.

Emergency Family Shelter by People Serving People St Annes: needs referral from Hennepin County (**612-204-8200**), but St. Anne's Place provides emergency shelter to women and their children which includes: basic needs provisions, intensive case management, children's programming, health and wellness opportunities, and parenting and early childhood education.

Missions Inc Home Free Shelter: call **763-559-4945**. Missions Inc.'s Home Free Shelter is a safe haven for women and children who have needed to flee their homes due to domestic violence. Home Free provides emergency housing and support services to women and children. Services are provided free of charge to all residents.

The Louise Seliski Shelter: call **888-777-1248**. For domestic abuse survivors, including children and pets, is a crisis center that provides temporary shelter and services to meet basic needs for individuals experiencing domestic violence, along with their children and pets., who have nowhere left to go or need time to plan their next moves.

Sojourner Shelter: call **952-933-7422**. The shelter is a secure, temporary emergency residence for women and their children, unsafe in their own homes due to violence and abuse. Provides safe, temporary shelter. Residents will receive: clothing, food, personal toiletries, support, life skills training, children's programming, case management, transportation, laundry and shower facilities. All services are free and confidential.

